Name:        
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School:        
Facilitator:

**Worksheet 2.03- Scavenger Hunt -- OSHA and Safety Precautions**

To help you familiarize yourself with the OSHA website and its available workplace safety information, complete the worksheet by visiting the links within the questions to find your answers.

***Section A. Preventing Illness.***

Visit <https://www.osha.gov/SLTC/heatillness/index.html> on preventing illness in the workplace to answer questions 1 and 2 below:

1. What four things should employers do to help protect outdoor workers from excessive heat.
2. Name four things employees should do help prevent heat-related illness on the job.

To answer question 3, use <https://www.osha.gov/dts/guidance/flu/protectyourself_healthcare.html>.

1. While healthcare workers are at a greater risk during flu season, workers in any career need to take precautions to avoid transmission among employees. Flu epidemics or pandemics can be detrimental to any workplace and result in lost productivity for the company and lost wages for workers. Identify three things that should be done to protect yourself from catching the flu from coworkers.

***Section B. Basic First Aid.***

First aid performed to an injured worker can improve a victim’s change of survival or recovery. Therefore, employees need to know basic first aid procedures. Use <https://www.osha.gov/SLTC/medicalfirstaid/recognition.html> **and the links** therein to answer the questions 4, 5 and 6 below regarding Basic First Aid.

1. For the following on the job injuries named in items a-e, what is the first action you should take to help an injured colleague?

a. Burn –

b. Bleeding –

c. Unconscious victim –

d. Shock—

e. Choking –

1. What steps should you take if someone gets injured?

1. Identify situations when you shouldn’t try to help an injured person.

***Section C. Identifying Safe Work Attire***

Personal protective equipment (or PPEs) can include such things as safety shoes or boots, gloves, safety glasses, and earplugs, just to name a few. **Use the search tool** in the OSHA website for “personal protective equipment publication” and find publication 3151 to answer question 7.

1. Identifying the need for Personal Protective Equipment–
2. Under what conditions should safety glasses be worn?

1. Under what conditions should protective headgear, such as hard hats, be worn?

1. Under what conditions should protective foot or legwear, such as safety shoes, be worn*?*

1. Under what conditions (potential hazards) should protective hand and arm wear, such as gloves, be worn?

e. Providing hearing protection, such as ear plugs, for an employee’s exposure to excessive noise depends on what three factors?



1. Find the Computer Workstation etool on the OSHA website and name three simple, inexpensive principles that will help you create a safe and comfortable computer workstation. (answers vary)
2. Find the Grocery Warehousing etool on the OSHA website and name three possible hazards when dealing with freight and explain measures that should be taken to prevent injury. (answers vary)
3. Find the Young Workers Restaurant etool on the OSHA website to name three possible restaurant hazards and provide possible solutions for each hazard. (answers vary)